

## Meet and Greets:

### Introduction:

- When the client arrives, tell them your name and ask to shake their hand. (remember to not demonstrate physical expectations.)
- Ask them to have a seat in the chair farthest from door.
- Leave the door open.
- If third party isn't in the building, message them.

### Get to know you, Get to know me::

- Has the client ever had a session?
- Why is the client interested in ATT?
- What does the client want to get from their sessions?
- How will you, the Specialist, be able to fulfill their platonic touch needs?

### Conclusion:

- If you, the Specialist, believe you can provide a professional ATT service, tell the client you'd love for them to schedule a session with you soon. Then, direct them to the website and your profile to schedule.
- If you think a different Specialist would be better for the client, recommend they go to the website and choose another specialist that may be able to fill their needs.



### The first session:

Arrive at least 10 mins early and set room up. Set your timers. And don't forget to message your third party.

#### Introduction:

- Welcome the client back and thank them for booking a session with you.
- Ask to shake their hand.
- Invite them to sit in the searing area.
- Ask how they are feeling and if they have any questions.

#### Transition to couch:

- Invite them to SIT on the COUCH near you.
- Make sure you're on the same page by going over Client Agreement/No Touch Zones
- Have client flip through snuggle-surta positions and pick positions they are interested in trying.

#### Transition to snuggling:

- Ask to sit closer
- Ask to hold their hand.
- Talk about different kinds of touch and how skin forgets touch
- When comfortable, ask if client would like to try a position.
- Move into first position.

### Conclusion:

- When first timer sounds:
  - inform client of remaining time
  - Offer a final snuggle position.
- When final timer sounds.
  - Inform client that the session is over by thanking them for their time.
  - Move off of the couch and begin resetting the room.
  - Guide client to their belongings.
  - Thank the client and let them know you'd really enjoy spending more time with them during another session.

Key reminders: Look for opportunities to:

- reiterate "Platonic"
- ask permission to enter client physical spaces
- stimulate lowering walls by encouraging information exchange
- create safe spaces for communication; verbal and physical.

